

Lindsay Whisen, BA, BEd

Wellness Warrior • Professional Organizer • Motivational Speaker •
Woman Business Owner • Award Winner • Feminist



Lindsay Whisen Biography

Lindsay is an authentic, passionate, and risk-taking change-maker for feminist social progress and empowerment.

Lindsay is transparent and proud of her journey from depressive despair to optimistic tenacity. She has a strong viewpoint on being socialized as a young girl that led to legitimate and invisible risk factors toward the development of mental illness.

As a first-generation University Graduate, Lindsay managed to earn a Diploma of Distinction while unknowingly suffering from a long-term depression.

Today, Lindsay runs a successful female-owned professional organizing business that rescues people suffering with clutter and disorganization associated stress. She is passionate about spreading the message that surviving depression is possible and can lead to bountiful success. Through her core mission, Lindsay is helping and healing people all over the GTA.

Past Events and Audiences

- University of Toronto: Women in Science and Engineering
- The National Women's Show
- International Women's Day
- Women Moving Forward Conference
- Brampton Board of Trade: Connectwork Women's Group
- Brampton Professional Women
- Toronto District School Board
- Leadership Forum for Women
- Rotary Clubs and GTA Mom Groups

Speaker Topics

- Becoming Women: Gender Socialization and Depression
- Organizing and Self Care: How Mental Health is Impacted by Your Surroundings
- Female Entrepreneurship: It's Harder Than You Think, But You're Stronger Than You Realize
- Organize like A Pro: Simple Strategies You Can Implement Today
- Tour the Home of a Professional Organizer
- Organizing: The Why, What and How
- Women: Secret Super Heroes

Awards and Accolades

- Mompreneur: Award of Excellence Finalist 2019 and One to Watch 2018 Award
- Brampton's Top 40 Under 40
- Member: Professional Organizers in Canada
- Brampton Board of Trade: Business Excellence Award
- Houzz: Best of 2019 and 2018 Award
- Better Business Bureau: Accredited Business
- HomeStars: Best of 2018 Award

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